



Quarterly Impact

Haliburton Highlands Health Services Foundation April 2025

Dear HHHS Supporters,

The way a community comes together says so much about the people and their values. I've said this before and I will say it again, this is a community that cares... and this became truly transparent last week as the Haliburton Highlands were hit with devastating ice storms that impacted communications, power, road access and homes.

You did not have to look far to see Highlanders come together as neighbours, friends, new friends, local businesses and dedicated front-line staff. The ice storms took away our lifeline to connect with each other as critical services couldn't communicate, and friends and family couldn't reach their loved ones. Those who had power, phone service, chain saws and whatever was needed, have risen to the challenge to support their neighbours and those in need. The most vulnerable were checked on as soon as possible, warming centres opened quickly and Facebook groups provided as much information as possible to those who couldn't access it.

I had the privilege of watching HHHS staff in all areas – community support services, long term care homes, support teams, emergency, and acute hospital care – communicating what they had, what they needed and working together to find quick and effective solutions. I am truly grateful to the dedicated staff and physicians at HHHS for taking care of us as well as all the paramedics, fire service, police and of course the hydro heroes who continue to help those in need.

I witnessed the direct impact of having the equipment needed to make it all possible. Community Support Services vans brought supplies and meals to people without power, WOWs (workstations on wheels) were wheeled closer to the one source of internet to access charts and the nurse call bell system was kept online through teamwork and ingenuity. It was inspiring to witness. These are all tools that have been funded through the HHHS Foundation. **Thank you for making this possible through your donations.**

On March 26th, I experienced another example of this exceptional community coming together in support of care. HHHS held the last of three Future of Care Forums. CEO, Veronica Nelson, provided the community with early plans for growth and innovation at HHHS through "Master Planning". Your input was inspiring, with insightful questions, great ideas, and meaningful feedback on the current and future services. Thank you to all the donors who participated and who signed up to the HHHS mailing list to keep up to date on Master Planning. More information is available below including recordings and access to materials.

On February 3rd, Mammography arrived – the Mammomat B Brilliant is one of only a few in Ontario, bringing the newest technology available to provide the most comprehensive testing available to scan the over 6,000 at risk people in the county. These patients previously travelled outside the county, taking precious time away from their busy lives for preventative cancer screening. I can't be more thankful to you for making it possible.

Ultrasound and X-ray equipment will be installed this year. Ultrasound will be updated in the next few months and X-ray construction starts in May – all because of you – we are proud to say that these new diagnostic imaging tools have been 100% funded by the community.

I am truly honoured by your generous and sustained support of rural healthcare. Thanks to you we continue to make a difference, and impact lives in this caring, connected, and supportive community of neighbours.

The next few months will be busy with events throughout Haliburton County and we look forward to seeing you at the Home and Cottage Show, May 31 to June 2, a perfect launch to the summer season. Please stop by to say hello!

Thank you for supporting rural healthcare.

Sincerely, Melanie

Diagnostic Imaging ~ update

We love it when visitors drop by the Foundation office! Sometimes it is to make a donation, or to buy 50/50 tickets, or a Quilbur, sometimes it is to ask for directions. Often it is to tell us how grateful they are to be able to book a CT scan close to home, relieved that they have resources to help them get answers. We are delighted to listen to their stories and to be part of their community.

None of this would have been possible without the extraordinary investment by the people of Haliburton County over the past year.

From the time CT opened on July 9, 2024 to March 31, 2025:

2698 CT Scans including

- 1148 emergency scans
- 122 inpatient scans

2698 patients who avoided the arduous trip outside the County to access imaging 2698 scans to help doctors provide timely, informed care 2698 opportunities to be grateful for the generous donors who made this possible!

Subsidies making an *impact*

A donation from a generous supporter, provided HHHS Community Support Services (CSS) team with funds to start offering subsidized access to the Geriatric Assessment and Intervention Network (GAIN) program. This program has enabled access to the Adult Day Program (ADP) for people who would otherwise not be able to participate due to financial constraints.

The Adult Day program provides social interaction to participants, many who live in isolation, and offers a sense of purpose and physical activity that increases strength, mobility and quality of life.

In their own words:

"I love the program very much and very thankful to be a part of it. I love crosswords, crafts, coloring and most of all people and getting out and having somewhere to go. I enjoy going places and it gets me out of the house."

"My favorite part of the program is when I arrive in the morning, do my word searches and being in the group discussion and having a lot of laughs."

"I would definitely recommend this program to others."

Education Grants in *action*

One of the Foundation's key pillars is to provide education grants to HHHS staff to enhance their skills and offer opportunities for workforce enrichment.

Recent grant recipient Madisyn shared her gratitude with us.

"I am incredibly grateful for the education grant provided by the Foundation, which enabled me to complete the Cognitive Process Therapy course. This opportunity has significantly enhanced my professional skills, deepened my understanding of this therapeutic technique and expands my ability to support clients effectively. Thanks to the Foundation's support, I continue to make a meaningful impact in my community."



Mammography has arrived!

State of the art mammography equipment arrived February 3, 2025! Once the tools were in place, technologists began to provide mammograms to patients referred by their doctor for imaging.

We spoke to many women who said the process was faster and less painful than ever before!

600,000 thank yous to the generous 2024 MooseFM Health Radiothon supporters who made this lifesaving digital mammography a reality!

Master Planning @ HHHS

Haliburton Highlands Health Services has embarked on a historic Master Planning effort to revitalize healthcare in our community. This long-term planning process assesses the adequacy and functionality of facilities to ensure the needs of the community are met today, in the mid-term (five to 10 years) and for the long-term (15, 20, and 30 years). This process will follow a co-design model, where consultation with the community, at various stages, informs the plan. The foundation of co-design in healthcare is to gain an understanding of the experiences of the people receiving and delivering services. Engaging healthcare professionals, patients, residents and caregivers in the community to design improvements collaboratively, share in decision making and ultimately, in the plan.

We know that donors are invested in the community and can be our best allies in the future of local healthcare. Your participation in this process is essential to its success and we invite you join the process!

Start by **signing up for HHHS updates** to stay up to date on Master Planning events and opportunities, direct to your inbox.

Catch up on what has happened in the past couple of months by watching recordings of the <u>Future of Care</u> Forums hosted by Veronica Nelson, President & CEO, HHHS.

Forum #1: What's on the Go at HHHS Forum #2: The Future of LTC Forum #3 The Future of Acute Care

If you have three minutes to spare, listen to this clip from <u>County Close-up on</u> <u>CanoeFM</u> where Veronica Nelson and host Elizabeth Oakley chat about Master Planning for Haliburton County.

Thank you!

We are hosting a <u>special event</u> in recognition of the completion of the Here for You Diagnostic Imaging Campaign and invite you to join us.

There will be a panel discussion moderated by Dr. Norm Bottum featuring panelists with expertise in long-term care, home care and hospital care.

If you would like to reserve a spot, please email **foundation@hhhs.ca** and indicate if you will be attending in-person or via ZOOM.

When: April 26, 2025 from 9 am to 12 noon Where: Haliburton Royal Canadian Legion located at 719 Mountain St, Haliburton

In memory of...

We are grateful to the individuals who chose to pay tribute to a loved one, or a friend, by making a gift to the Foundation. The following people passed on between October 1, 2024 and March 31, 2025. We are honoured to build on their legacy by supporting healthcare in Haliburton County.

Andre Dietrich Andrea Austin Andy Mason Ann Barker Barbara Barker Barbara Trocewicz Barry Willhelm Betty Trapp Bill Reynolds Brenda Burns Brenda Laver Brian Horning Carolyn McPhail Dan Kay Edward "Ed" Bradbury Edward "Ed" LaPorte Eleanor Emmerson Ellen King Ernest Howe Howie Day Irma Pasquino Jack "Jake" Venner Jane "Jenny" Thomas Joan Johnston

John Andrew (Andy) Mason John Bradley Joseph "Joe" Zahn Launcelot "Guy" Pritchard Leslie Anne Micak Leslie Byrne Leslie Schell Leslie Smith Lois Boice-Dugan Lorraine McLeod Margaret Brohm Marlene Sparling Marlow Haywood Mary Pearsell Nadine Bell Norman Mills Paul Yanchus Percy McBain Robert Kruger Shirley Johnson Sophia Stevens Susan Scheffee Verne Graham Wyatt Greer





Home Team 50/50 Lottery winners!

It is a thrill to call HHHSF 50/50 winners....it is especially exciting when the winners are HHHS staff!

Carol is an RN who has worked at HHHS for over 20 years...she was our Double Month Jackpot winner at the end of December.

Josh is a cook and dietary aide at Highland Wood Long Term Care who makes sure residents are nourished every day!

We are grateful to the HHHS team members who support the Foundation with their ticket purchases, investing back into the community and their workplace.

Buy 50/50 tickets TODAY!

Upcoming Events: May 31 to June 2, 2025 – Haliburton County Home and Cottage Show June 26, 2025 – 10am - Haliburton Highlands Health Services Foundation AGM August 14 & 15, 2025 – MooseFM Health Radiothon

make a difference and donate today

